Inside SEA
News and information for employees at Seattle-Tacoma International Airport

Follow these everyday **preventive actions to help prevent** the spread of Coronavirus and other respiratory diseases

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose, and mouth.
- Cover your cough or sneeze with a tissue, and throw it away.
- Clean surfaces using a household cleaning spray or wipe.
- Stay home when you are sick. Avoid close contact with those who are sick.

More information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

Airport and Partners Implement New Protocols to Keep Employees and Travelers Safe and Healthy

The Port of Seattle is working to keep our employees and travelers at Seattle-Tacoma International Airport healthy and safe in response to the 2019 Novel Coronavirus (COVID-19).

**New Protocols at the Airport**

The airport has focused its efforts on disinfecting common areas of the airport and helping passengers and employees maintain good hygiene at the airport. Here’s what we’re doing:

- The Port has installed new hand sanitizers at security checkpoints, jet bridges, boarding gate locations, and ground transportation centers.
- The airport has increased cleaning frequencies at all high touch point areas.
- The Port’s janitorial contractors have been trained in bio-hazard cleaning and are equipped with hospital-grade disinfectant and wipes for faster response and cleaning.
- Buses are now cleaned multiple times a day. Cleaning includes disinfecting the driver seating area, passenger seating area, and handrails. The Port is working to install hand sanitizer dispensers by bus driver stations or doors.


**Airline Partner Actions**

Airlines are taking extraordinary measures to keep travel safe for passengers and employees, including:

- Alaska Airlines has enhanced aircraft cleaning between flights and will continue to evaluate cleaning procedures.
- Delta Air Lines has adjusted travel schedules, waived change fees for affected destinations, and are working with customers to adjust travel plans.
- Delta is deploying a fogging technique with a highly effective, EPA-registered disinfectant on flights arriving at U.S. gateways from Asia – Atlanta, Detroit, Honolulu, Los Angeles, Minneapolis/St. Paul, Portland, and Seattle.
- Please see the individual websites of other airlines serving Seattle-Tacoma International Airport (SEA) for more details.

**Employee Actions**

Employees can help prevent the spread of germs at Port facilities, and help keep themselves, coworkers, and passengers healthy and safe. Here’s what you can do:

1. Follow the advice of your local and national governments, public health authorities, and health care provider.
2. Wash your hands frequently and for 20 seconds at a time.
3. Do not touch your eyes, nose, or mouth.
4. Use a tissue or your elbow to catch a sneeze or cough.
5. Clean your device screens.
Learn more about how coronavirus spreads, what to do if you experience symptoms of coronavirus, how to prevent stigma or bias, and how to stay informed.

How does coronavirus spread?

Public health officials believe the virus is spread mainly from person-to-person between people who are in close contact with one another (within about 6 feet) or through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

What are the symptoms of coronavirus?

Symptoms of corona virus are cough, fever, or other respiratory problems.

People who have been diagnosed with novel coronavirus have reported symptoms that may appear in as few as two days or as long as 14 days after exposure to the virus.

What should I do if I have these symptoms?

Call your medical provider if you have these symptoms and have been in close contact with someone known to have COVID-19 or recently traveled from an area with widespread or ongoing community spread of COVID-19. Isolate yourself and wear a mask before leaving the house.

Do not go to the emergency room. Emergency rooms need to be able to serve those with the most critical needs.

What can you do if you see stigma or bias?

Coronavirus doesn’t recognize race, nationality, or ethnicity. Misinformation about coronavirus can create fear and hostility that hurts people and makes it harder to keep everyone healthy. Here are some ways you can prevent or interrupt stigma:

- Stay informed through reputable, trusted sources like the Centers for Disease Control and Prevention, Washington State Department of Health, Public Health – Seattle and King County
- Speak up if you hear, see, or read misinformation or harassment
- Show compassion and support for those most closely impacted

How can you stay informed?

Stay up-to-date on the latest news about Coronavirus:

- Updates for airport employees: https://www.portseattle.org/sea-tac/airport-employees
- Public Health updates from Seattle and King County Staff: https://publichealthinsider.com/
- King County Health: https://www.kingcounty.gov/depts/health/news.aspx
- Washington State Department of Health: https://www.doh.wa.gov/Emergencies/Coronavirus
- To contact the CDC directly, please call 1-800-CDC-INFO (1-800-232-4636)