

SEA dhaxdeeda

Wararka iyo macluumaadka loogu talagalay shaqaalaha ka tirsan
Garoonka diyaaradaha oo caalamiga Seattle-Tacoma

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SEA
Seattle-Tacoma
International
Airport

Sida loo joojin lahaa Coronavirus iyo jirooyinka neefta, raac falalka ka hortaga eh.



Marwalbo gacmahaada ku dhaq saabuun ilaa labaatan (20) ilbidhiqsi.

Iska ilaali taabashada indhaha, sanko iyo afka.

Isticmaal kiimiko culus markaad miisaska tirtireysid

Qufacaada warqad ku dabool, Markaasna tuur warqada.

Guriga jog markaad jirantahay. Iska ilaali dhawaanshaha dadka jiran

More information: www.cdc.gov/COVID19

SEA Seattle-Tacoma International Airport
Operated by the Port of Seattle

Garoonka iyo dadka la jira waxey la imaadeen siyaabo cusub oo ku saabsan sida shaqaalaha iyo dadka safraayo loo ilaalin lahaa caafimaadkooda

Dekeda Seattle waxey ka shaqeyneysaa sida shaqaalaha loo ilaalin lahaa caafimaadkooda ama sida looga hortagilahaa Coronavirus (COVID-19) ka imaaday 2019.

Waxeyna wataan marwalbo warqadaha kiimikada culus leh oo loogu talagalay geermiska badan in lagu dilo

Waxyaabaha cusub oo eeraboorka sameeyay

Garoonka diyaaradaha waxey bilaaben iney nadiifiyaan meelaha lawada isticmaalo iyo iney dadka safraayo ku dhiiri galiyaan nadaafada fiican. Waa waxyabahan waxan sameyn rabno:

- Dekeda waxey keentay meel walbo oo amni ah oo lasii maraayo gacmo nadiifiyaal culus oo geermiska dilaayo
- Dekeda waxey badisay nadiifiska meelaha la taabto oo dhan
- Dekeda shaqaaleheeda oo nadaafada waxaa la baray sida loo nadiifiyo waxyaabaha wasaqdoodaa ey culustahay

- Basaska waxa la nadiifiyaa waqtiyo farabadan. Nadaafadaas waxaa ka mid eh masaxida darawalka kursigiisa, dadka meeshey fadhiistaan iyo meelaha dhan oo lataaban karo

- wararka ugu dambeeyo oo ku saabsan dekada, fadlan raac websaydh kaan

- <https://www.portseattle.org/news/traveler-updates-coronavirus-response>

Dekeda iyo shirkadaha la shaqeyso

Shirkadaha diyaaradaha waxey isku taxluujinayaan iney ka ilaaliyaan dadka safarka eh geermiska:

- Shirkada Alaska waxey badisay nadaafada diyaaradaha dhaxdooda, saas ayey ku wadi doonaan

- Alaaska waxey dadka u ogolaaneysaa iney badali karaan waqtiga ey safari lahaayeen
- Shirkada Delta waxey badaleen waqtiyada ey bixi lahaayeen diyaaradaha aadaayo wadamada cudurka ku badan weyna isku dayayan iney cawiyaan dadka rabo iney aadaa wadamadaas
- Delta waxey isticmaalan nadiifis culus oo laga ogolaaday EPA markey ka soo duulayaan Asia– Atlanta, Detroit, Honolulu, Los Angeles, Minneapolis/St. Paul, Portland iyo Seattle

- Fadlan lasoco webseydhyada shirkadaha gaarkood oo ka mid eh Seattle garoonkeeda caalamiga ah

Shaqaalaha ficilkooda

Shaqaalaha waxey naga cawin karan iney nadaafadooda iyo dadka safarka toodaba iney ku dadaalaan. Waxey sameyn karan:

- Dhageyso idacadaha, dowlada iyo dhaktarada
- Marwalbo iska dhaq gacmaha ila 20 biriq
- Ha taabanin afka, indhaha, iyo sanko
- Isticmaal tiish ama warqad markaad qufaceysid ama hindhiseysid .
- Masah teleefoonkaada

Joornaalkaan waxaa ku qoran:

La xariir wariyahaan: drawhorn.o@portseattle.org
Ama wac (206) 787-4058

- Dekeda diyaaradaha la tacaalkoodaa
- Shirkadaha diyaaradaha

Macluumaad ka cawinayo inaad caafimaad la haatid

Baro sida corona viruska u faafo, wixi aad sameyn laheyd hadaad xanuun dareemtid, sida aad uga hortagi leheed cunsuriyadnimada, iyo sida aad ola socon leheed idaacada

Sidee u faafaa coronavirus ka?

- Shaqalaha ku lug leh caafimaadka dadweynaha waxey aaminsanyihiin in vayruska faafidiisa ey ku xirantahay dad qaba iney isku dhaw yihiin ama qufaca iney raacaan
- Waxa suurtagal ah inow qof I jiran karo viruska COVID-19 hadow taabto meel viruska leh, kabacdi markey taabtaan afka, sanko ama indhaha lakin lama ogo inow saan u faafo viruska.

Waa maxay istaamaha lagu yaqaano viruska coronavirus?

Astaamaha corona viruska waxaa kamid ah qufac, qandho ama dhibaato ku saabsan neefta.

Dadka qabo corona viruskaan waxey shegeen iney astaamaha arkeen 2 biri ilaa 14 biri marka ey qaadeen kadib

-Maxaan sameeyaa hadaan isku arko calaamadahaan?

Wac dhaqtarkaada hadaad isku araktid astaamaha la sheegay ama aad aktaktay qof xanuunsan oo lagu sheegay corona viruska ama qof mardhaw wadamada viruska kubadanyahay ka imaaday. Kiligaa meel ku naso, xiraneh maaskiga wajiga lagu qariyo intaadan ka bixin girigaada

Hadaad xanuunsantahay

Wac dhakhtarkaada hadaad la xanuun santahay:



Qandho ka badan 100.4F/38 C



Qufac



Neef adeeg

Ha aadin emerjensiga. Qolka emerjensiga waxaa loogu talagalay dadka daryeelka si dakdaka ugu baahan

Maxaad sameyn kartaa hadaad dareemtid cunsuriyanimoo?

Coronavirus mayaqaano dhalasho, diin ama wadan. Macluumaad qalad eh hadey dadka ka fahmaan viruskaan waa dhib. Lama rabo in la cunsuriyo dad qaas ah waayo cunsuriyadnimada ma fiicno. Wax yabaha aad sameyn kartid sidaad uga hortagtid waxaa kamid ah:

- Warbiximaha ka dhageyso dowlada ama CDC da, Washington State Department of Health, Public Health – Seattle iyo King County
- Ka hadal hadaad maqashid cunsurinimo
- Naxariis umuuji dadka viruska ow ku dhacay

Sidee kula socon kartaa?

Corona viruska ka lasoco:

- Cidaacada dekada ee shaqalaha: <https://www.portseattle.org/sea-tac/airport-employees>

Iyo

Hadaad qof qabo jirada COVID19 taabatay



Ama

Hadad dagantahay ama aad aaday wadan cudurka COVID19 u badanyahay



- Seattle-Tacoma International Airport safarka cidaacada: <https://www.portseattle.org/news/traveler-updates-coronavirus-response>
- Caafimaadka bulshada oo Seattle iyo King County shaqalaha: <https://publichealthinsider.com/>
- King County caafimaadka: <https://www.kingcounty.gov/depts/health/news.aspx>
- Centers for Disease Control Coronavirus 2019: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>
- Washington State Department of Health: <https://www.doh.wa.gov/Emergencies/Coronavirus>
- U.S. Equal Employment Opportunity Commission: Diyaariska cudur faafinta in oo shaqada iyo Americans oo leh Disabilities Act: https://www.eeoc.gov/facts/pandemic_flu.html
- To contact the CDC directly, please call 1-800-CDC-INFO (1-800-232-4636)

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Oo laga helo dekada Seattle
Hel iimeylka iyo masijyada

Websaydh keena raac iyo nagala soco internetka

www.portseattle.org/subscribe

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