



## The Next Phase of FlyHealthy@SEA

Seattle-Tacoma International Airport (SEA) is committed to your health and well-being. The pandemic forced massive shifts in our lives. You can expect things to be different the next time you travel.

FlyHealthy@SEA is our layered, comprehensive action plan to ensure your health and well-being while traveling. We require face coverings and physical distancing, boosted cleaning and disinfecting activities, and added more touchless technologies.

### Breathe Easy at SEA

Before COVID-19, SEA Airport already planned and installed a robust air ventilation and filtration systems in the heating, ventilation, and air conditioning system (HVAC) designed to combat airborne transmission of a virus.

The HVAC system constantly circulates fresh, outdoor air through the terminal. It's designed to follow the Centers for Disease Control and Prevention recommendations for dilution, containment, and filtration with significantly higher volumes of outside air.

Better yet, the air filtration system at SEA exceeds the industry guidelines for aerosolized viruses. MERV filter values range from one to 16, and the higher the value, the more effective the filter in trapping airborne particles. The American Society of Heating, Refrigeration, and Air Conditioning Engineers recommends MERV 13 Filtration to remove aerosolized viruses. SEA Airport's system exceeds those standards by using MERV 14 filters, which capture 90 percent of COVID-19 sized particles. MERV 14 filters are hypoallergenic, antimicrobial, and electrostatically charged to attract and capture most airborne particulates, bacteria, and contaminants.



*This is a set of MERV 14 filter banks, which filter 90 percent of the particulate from the air.*

Read [this blog](#) post to breathe a sigh of relief knowing that the air inside SEA Airport is fresh and clean.

The HVAC system coming to the North Satellite Modernization Project is a prime example. Behind the scenes, there are five huge Air Handling Units working together with four to six-foot-tall duct work throughout the building that will refresh the air up to 20 times per hour, which is every five minutes!

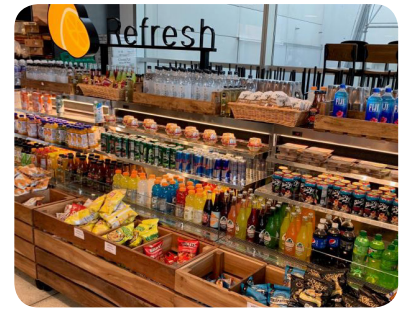
Watch [this video](#) to learn more.



## In case you missed it!

### Grab and Go Meals at SEA

To protect your health during COVID-19, many airlines have suspended in-flight meals or offer reduced food and beverage service. Explore [this guide](#) for locally-owned and Pacific Northwest-inspired options at SEA for grab-and-go snacks, meals, and beverages to enjoy on your flight.



## Preparing to Travel – Recovery Ready

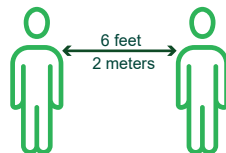
The next time you visit SEA, your experience will look and feel different, including:

- Passengers, visitors, and workers are required to wear face coverings in the public areas of SEA
- Signage for reminders and spacing to honor physical distancing
- Plastic protective barriers that buffer interactions between travelers and airport employees
- Frequent disinfection with medical-grade cleaning products
- Added over 250 hand sanitizer stations throughout the terminal for your use. Download the SEA App with our interactive map of hand sanitizer locations.
- Each dining and retail tenant at SEA [developed plans](#) detailing procedures for safe operations such as physical distancing requirements, sanitation and personal hygiene protocols, personal protective equipment, and how to provide services while limiting close interactions.

FlyHealthy@SEA will continue to evolve as travelers return to the airport.

## Help Stop the Spread – Passenger Actions

Passengers, employees, and the community can help stop the spread of COVID-19. We ask you to follow these guidelines to protect yourself, your fellow travelers and airport employees, including:



- Avoid non-essential travel
- Stay home when you are sick. And get better soon!
- Wear face coverings to help slow the spread of germs
- Practice physical distancing
  - Maintain your distance and stay six feet (or two meters) apart from others
  - No more than four in an elevator
  - Using every fourth step on escalators
- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, and mouth

