FlyHealthy@SEA

FlyHealthy@SEA is our layered, comprehensive action plan to ensure your health and well-being while traveling. Be informed and ready with these travel tips and resources. Please contact your airline if you have questions about that part of your journey.

New COVID-19 Protocols for International Travel

COVID-19 international travel protocols continue to evolve. These are some of the newest COVID-19 testing requirements to be aware of as you plan your trip. Testing before and after travel is a critical layer to slow the introduction and spread of COVID-19.

• A negative COVID-19 test is required for all international passengers coming into the U.S. with written documentation of a laboratory test result (paper or electronic copy) provided to the airline. This is combined with the CDC recommendation to get tested again 3-5 days after arrival and stay home for seven days post-travel. Effective as of Jan. 26, the CDC’s protocols are in place during international arrivals and passport control process at SEA as well as the implementation of facial recognition.

• A presidential proclamation expands travel restrictions for South Africa, Brazil, Britain and 27 European countries. Due to go into effect on Jan. 30, the proclamation applies to noncitizens attempting to come to the U.S. from any of those countries for 14-days prior to travel.

• All travelers headed to the Netherlands must show a negative rapid test within four hours of departure. This is in addition to the already mandatory negative PCR test, which must be taken no more than 72 hours before arrival. Pre-flight testing is available for those flying to Amsterdam from SEA through Discovery Health MD at the South Satellite SkyClub Lounge near Gate S10 from 9:30 a.m. to 1:30 p.m. or four hours before departure to the Netherlands.

Other Resources

• Learn about other COVID-19 testing and travel requirements.
• Need a COVID-19 test to travel? Find local COVID-19 testing options at SEA Airport.
• Understand the use of facial recognition at SEA Airport.
• Read about international travel and FlyHealthy@SEA.
• Check out the CDC website for COVID-19 and travel.
Travel in a New Normal

Before you take the skies, your experience at SEA looks and feels different. These are steps the airport has taken under our FlyHealthy@SEA program:

- We **doubled down on cleaning at SEA** with frequent disinfection with medical-grade cleaning products. We even secured international accreditations for cleaning practices.
- Added over 280 hand sanitizer stations throughout the terminal for your use. [Download the SEA App](#) with our interactive map of hand sanitizer locations.
- **Breathe easy** knowing our air filtration and ventilation system constantly circulates fresh, outdoor air through the terminal and uses filters that capture 90 percent of COVID-19 sized particles.
- SEA launched **Pre-Booked Parking** as an innovation for seamless, contact-free travel.
- Installed nearly 650 plastic protective barriers that buffer interactions between travelers and airport employees, and 8,000 signs for reminders and spacing to honor physical distancing.
- Eat and shop with confidence because airport restaurants and retailers are also going **above and beyond** to protect your health and well-being.
- Discovery Health MD opened an on-site **COVID-19 testing location** for non-symptomatic travel testing.

Help Stop the Spread – Passenger Actions

Passengers, employees, and the community can help stop the spread of COVID-19. We ask you to follow these guidelines to protect yourself, your fellow travelers and airport employees, including:

- Avoid non-essential travel
- Stay home when you are sick. And get better soon!
- Wear face coverings to help slow the spread of germs
- Practice physical distancing
  - Maintain your distance and stay six feet (or two meters) apart from others
  - No more than four in an elevator
  - Using every fourth step on escalators
- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, and mouth

We’re all living a new normal at the **one-year mark** since the onset of COVID-19. Now with the rollout of the COVID-19 vaccine, we see a glimmer of light to look forward to the end of the pandemic. To understand your expectations during the COVID-19 era and the actions that restore your confidence in travel, we asked for your input throughout 2020 in polls and surveys. Most recently during the holiday travel season, you told us what you think about travel and the future. [Explore the opinions of SEA travelers](#).