

FlyHealthy@SEA

FlyHealthy@SEA is our layered, comprehensive action plan to ensure your health and well-being while traveling. Be informed and ready with these [travel tips and resources](#). Please contact your airline if you have questions about that part of your journey.

Traveling to Mexico this Winter?

Has our winter weather inspired you to look to beyond our shores to warmer destinations? When you feel good about traveling, we'll be here and ready for you.

We talked to three fellow Pacific Northwesterners who recently traveled to Mexico to learn about their experiences. Here are [their tips](#) to travel safely.

Tip 1: Pack your masks

Wearing a mask is mandatory at SEA and while you are on the airplane. Expect to wear a mask for the entire duration of your journey and keep it on in your destination.

Tip 2: A negative COVID-19 test is required to re-enter the U.S.

The CDC requires all air passengers arriving to the United States to provide proof of a negative COVID-19 test. The test must be taken within three days of departure back to the U.S. Destinations in Mexico have already adapted to ensure that U.S. travelers can obtain COVID-19 tests. Many resorts offer testing onsite for guests, or a concierge service can arrange a test for you.

Tip 3: Spend like it matters

Your dollars are supporting people's livelihoods. Tourism is one of the world's major economic sectors, and the pandemic is impacting that as global travelers stay home. Airports, airlines, and tourism businesses have evolved to protect the health of travelers.

From restaurants and grocery stores to resorts in Mexico, most have required COVID-19 protocols for entry such as temperature screening and hand sanitizer. Many restaurants in Mexico are outdoors with excellent natural ventilation.

Tip 4: Capitalize on bleisure travel

COVID-19 accelerated the trend toward teleworking and the opportunity to travel and work anywhere. Bleisure describes travel that combines business and leisure.

Tip 5: Rediscover your sense of adventure

It is possible to travel safely with the right precautions and planning. Determine your personal comfort level with travel during a pandemic and mask up to explore.





In case you missed it!

Seeking a COVID-19 test prior to travel? Effective this Friday, Feb. 26, Discovery Health MD is moving a couple of doors down from its existing location on the mezzanine level of the airport, just above TSA security checkpoint 3. Download the [flySEA App](#) for directions or look for signs pointing the way!

[Learn more](#) about travel and COVID-19 testing options at SEA.



Photo: Discovery Health

Travel in a New Normal

Before you take the skies, your experience at SEA looks and feels different. These are steps the airport has taken under our FlyHealthy@SEA program:

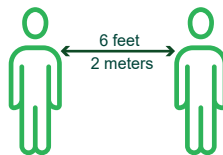
- We [doubled down on cleaning at SEA](#) with frequent disinfection with medical-grade cleaning products. We even secured international accreditations for cleaning practices.
- Added over 280 hand sanitizer stations throughout the terminal for your use. [Download the SEA App](#) with our interactive map of hand sanitizer locations.
- [Breathe easy](#) knowing our air filtration and ventilation system constantly circulates fresh, outdoor air through the terminal and uses filters that capture 90 percent of COVID-19 sized particles.
- SEA launched [Pre-Booked Parking](#) as an innovation for seamless, contact-free travel.
- Installed nearly 650 plastic protective barriers that buffer interactions between travelers and airport employees, and 8,000 signs for reminders and spacing to honor physical distancing.
- Eat and shop with confidence because airport restaurants and retailers are also going [above and beyond](#) to protect your health and well-being.
- Discovery Health MD opened an on-site [COVID-19 testing location](#) for non-symptomatic travel testing.

Help Stop the Spread – Passenger Actions

Passengers, employees, and the community can help stop the spread of COVID-19. We ask you to follow these guidelines to protect yourself, your fellow travelers and airport employees, including:



- Avoid non-essential travel
- Stay home when you are sick. And get better soon!
- Wear face coverings to help slow the spread of germs



- Practice physical distancing
 - Maintain your distance and stay six feet (or two meters) apart from others
 - No more than four in an elevator
 - Using every fourth step on escalators



- Wash your hands often with soap and water for at least 20 seconds
- Avoid touching your eyes, nose, and mouth