Community Health and Airport Operations-Related Noise and Air Pollution

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Understanding the community health effects of pollution related to Seattle-Tacoma International Airport (SeaTac) operations

a) Airport community health profiles  
b) Strength of evidence to date  
c) UW School of Public Health Study on UFP  
d) Recommendations to address health issues
The airport communities are home to a majority of King County’s people of color.
Compared to the rest of the county, people in airport communities face disparities in

- Health
- Health risk factors
- Resources

For some measures, health outcomes worsened with proximity to airport

- Hospitalization rates for heart disease
- Rate of death from all causes
- Rate of death from heart disease
- Life expectancy (2-5 years lower for airport communities)
Mothers in airport communities were 43% more likely to have a premature birth than the rest of King County.

<table>
<thead>
<tr>
<th>Distance from SeaTac</th>
<th>Premature Births</th>
</tr>
</thead>
<tbody>
<tr>
<td>&lt;1 mile from SeaTac</td>
<td>10%</td>
</tr>
<tr>
<td>1 to &lt;5 miles from SeaTac</td>
<td>9%</td>
</tr>
<tr>
<td>5 to 10 miles from SeaTac</td>
<td>8%</td>
</tr>
<tr>
<td>Rest of County</td>
<td>7%</td>
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</tbody>
</table>
Airport communities had twice as many children living in poverty or near poverty than the rest of King County.

- <1 mile from SeaTac: 51%
- 1 to <5 miles from SeaTac: 47%
- 5 to 10 miles from SeaTac: 34%
- Rest of County: 15%
Adults were more likely to be uninsured in airport communities than in the rest of King County.
Airport communities had a higher rate of hospitalization from heart disease than the rest of King County.
Airport communities had a higher rate of hospitalization from stroke than the rest of King County.

Cerebrovascular Disease (Stroke) Hospitalization Rate per 100,000

- <1 mile from SeaTac: 305
- 1 to <5 miles from SeaTac: 270
- 5 to 10 miles from SeaTac: 242
- Rest of County: 213
Airport communities had a higher rate of hospitalization from diabetes than the rest of King County.

Diabetes Hospitalization Rate per 100,000

- <1 mile from SeaTac: 180
- 1 to <5 miles from SeaTac: 133
- 5 to 10 miles from SeaTac: 103
- Rest of County: 71
Airport communities had a higher rate of death than the rest of King County.

![Bar chart showing death rate per 100,000 All Causes.](chart)

- <1 mile from SeaTac: 809
- 1 to <5 miles from SeaTac: 723
- 5 to 10 miles from SeaTac: 639
- Rest of County: 572
WHAT POLLUTANTS RESULT FROM AIRPORT OPERATIONS AND WHAT ARE THE LIKELY HEALTH IMPACTS?

Airport-related Pollutants and Their Likely Health Effects

Noise pollution
- Hypertension & Heart disease
- Poor school performance among children

Air pollution
- Respiratory problems (asthma, respiratory diseases)
- Cardiovascular issues (Hypertension, heart disease/attack, stroke)
- Nervous system (dementia, oxidative stress)
- Metabolic issues (Diabetes, metabolic syndrome)
- Reproductive health concerns
ARE COMMUNITIES NEAR AIRPORTS EXPOSED TO NOISE AND AIR POLLUTION FROM AIRPORT OPERATIONS?

We need to know more about exposure

- Several studies in urban areas identified noise and air pollution related to airports and adverse health effects

- 2018 Beacon Hill study showed that >50% of 24-hour day-night avg noise levels over 65 dB (WHO recommends 45 dB).

- 2019 Puget Sound Clean Air Agency report shows particulate matter levels over EPA-recommended levels 22 days in winter

Figure 3. Arrival flight paths for Seattle-Tacoma International Airport. Beacon Hill neighborhood in yellow. Airport runways shown as two black lines center-bottom of image.
MOV-UP Study Objectives

• Study the implications of air traffic at Sea-Tac

• Assess the concentrations of ultrafine particulate matter (UFP) in areas surrounding and directly impacted by air traffic

• Distinguish between and compare concentrations of aircraft-related and other sources of UFP

• Coordinate with local governments, and share results and solicit feedback from community
Ultrafine Particles (UFPs)

Ultrafine Particles unregulated but potentially important in determining health outcomes

Health Effects more uncertain compared to PM$_{2.5}$, associated with neurological and birth outcomes

Important sources include diesel combustion (truck traffic, aircraft), woodsmoke and photochemical processes

Variable spatial and temporal distribution
Important characteristic of Ultrafine Particles

- They have a larger surface area, relative to their size.
- They are small enough to enter the bloodstream, cross the placenta, and cross the blood-brain barrier.
- Because they are small, they have very little mass.
- They are measured differently than PM$_{2.5}$ (count for UFP vs mass for PM$_{2.5}$)
Study Region:
Mobile Transects and Fixed Monitoring Site Locations

SEATAC (2018)
- 8th busiest U.S. airport
- > 49.8 million passengers
- > 432,315 metric tons of air cargo
• POSITIVELY correlated with Black Carbon and Total Particle Number Concentration

• Median diameter from Nanoscan is approximately 30 nm

• NEGATIVELY correlated with Black Carbon

• Median diameter from Nanoscan is approximately 15 nm

https://doi.org/10.1021/acs.est.0c05933
Study Findings

- Ultrafine particles (UFP) are emitted from both traffic and aircraft sources.
- Total concentration of UFP (10 - 1000 nm) did not distinguish roadway and aircraft features.
- The spatial impact of traffic and aircraft UFP emissions can be separated using a combination of mobile monitoring and standard statistical methods.
- There are key differences in the particle size distribution and the black carbon concentration for roadway and aircraft features.
- Fixed site monitoring confirms that aircraft landing activity is associated with a large fraction of particles between 10-20 nm.

MOV-UP Project Website
https://deohs.washington.edu/mov-up
Next Steps

Knowledge Gaps
Gap # 1: What are the health effects of aircraft UFP?
Gap # 2: What can we do to reduce human exposures to UFP?
Gap # 3: How are concentrations of UFP changing in different communities?

Current Projects
- School Resilience to Air Pollution (Funded by the cities of Burien, Des Moines, Federal Way, Normandy Park, SeaTac)
- Does vegetation help mitigate roadway and aircraft-related air pollution in Seattle? (Funded by UW Earthlabs)
- Characterizing the chemical content of urban nanoparticles will advance our understanding of sources and impacts on communities. (Funded by UW EDGE)
THE HEALTH OF AIRPORT COMMUNITIES

RECOMMENDATIONS

• Address the health disparities of airport communities
• Mitigate the health impacts of airport operations
• Continue development and implementation of strategies to mitigate airport-related air and noise pollution
• Implement new technologies to improve measurement of exposures indoors and outdoors
• Expand the systematic monitoring of pollutants (both outdoor and indoor exposures) in residences, schools, childcare settings, and long-term care facilities
• Support research to address gaps in knowledge
King County’s Next Steps

• King County’s 2020 Strategic Climate Action Plan calls for a Joint Aircraft Emissions Technical and Community Task Force.
  • Review methodologies to account for aircraft emissions
  • Recommend a baseline level for King County’s emissions inventory.
  • Evaluate the effectiveness and feasibility of strategies to reduce aircraft emissions.

• King County will partner with regional agencies such as the Puget Sound Regional Council, Puget Sound Clean Air Agency, and the King County Cities Climate Collaboration to advocate for a regional approach to aircraft transportation planning that can reduce aircraft greenhouse gas emissions.