
MENU:
THE


SEA

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## DEPOSIT/PAYMENT

The deposit is due at the time of booking and the remaining balance is due fourteen business days before the event.

MINIMUM ORDER
Our minimum order is $\$ 350.00$ for conference center events.
ADMIN CHARGE
$100 \%$ of the admin charge is collected to cover general operating costs and fair wages for our team members. All food and beverage is subject to an $8 \%$ admin charge for conference center event orders.

## GRATUITY

$100 \%$ of the gratuity is dispensed equally among all employees involved in any event from the culinary team to the delivery drivers and event staff. For conference center events there is a $15 \%$ charge for gratuity.

## DELIVERY CHARGE

All orders are subject to $\$ 25$ delivery charge.

## WASHINGTON STATE SALES TAX

All food and beverage is subject to a $10.1 \%$ sales tax.
ORDERS WITHIN 24 HOURS
Are subject to a $25 \%$ rush charge.

## CANCELLATION

Orders canceled within 24 hours of the event are subject to a $50 \%$ cancellation charge.
GUEST COUNT FOR CONFERENCE CENTER EVENTS
The final guaranteed number of guests must be specified 7 business days before the event. Once received this number cannot be reduced. Final billing will be based on the count provided, or the actual number of guests (whichever is greater).

## POP UP ORDERS/ADD-ON ORDERS

All orders placed within 72 hours of an event are not guaranteed full menu availability. Caterer will accommodate as closely as possible, however; menu item availability may be limited and will vary.

## EXTRA FOOD/BUFFETS

Due to Health Code restrictions, buffet items that are temperature sensitive may only stay out for a maximum of two hours. For the health and safety of our customers, all food and beverage items not consumed remain the property of the caterer. Leftover temperature-sensitive will be properly disposed of, and should not be removed from the meeting rooms.

Custom menus, alterations, and gluten-free items are available upon request. All food is prepared in a kitchen containing eggs, nuts, strawberries, and other possible food allergens. Please alert us of any specific allergies before ordering.

## FULL SERVICE EVENTS

The minimum for full service events is $\$ 5,000$ and is subject to a $20 \%$ gratuity and $23 \%$ service charge. The final guaranteed number of guests must be specified fourteen business days before the event. Once received that number cannot be reduced.

## BREAKFAST

 priced per person | 10 person minimum
## CONTINENTAL BREAKFAST | I2PP

Assorted coffee cakes, croissants, pastries, seasonal fruit platter, assorted yogurts

## CLASSIC BREAKFAST | 15PP

Scrambled eggs, roasted breakfast potatoes, seasonal fruit platter

## Select One Protein:

Smoked bacon, sausage links, or honey ham

## GREEK YOGURT PARFAIT I gP

Berry compote, granola, honey, flax, shia and sunflower seeds | veg, ff, sf

## A LA CARTE

## Scrambled eggs | 5

Tofu scramble | 6
Sausage, bacon, or ham | 6
French toast w/ maple syrup | 7
Pancakes w/ maple syrup | 7
Roasted breakfast potatoes | 4
Assorted coffee cakes, croissants, and pastries | 6
Assorted bagels w/ cream cheese | 6
Cinnamon rolls | 7
Seasonal fruit salad | 5
Energy bars | 3

## Overnight Oats | 9

Strawberry cheesecake | veg, sf
rolled oats, chia seeds, whole milk, strawberry compote, cream cheese, honey, graham cracker
Cinnamon apple pie | veg, gif, sf
rolled oats, shia seeds, whole milk, mascarpone, diced apple, brown sugar, cinnamon, crumble Ubs | veg, of, sf
rolled oats, shia seeds, ube, whole milk, yogurt, honey, granola

## Oatmeal | 5

Blueberry hazelnut
Maple brown sugar
Apple cinnamon

priced per person | minimums required

## BREAKFAST SANDWICHES I I3PP

Requires 48 hours notice | Includes jojo potatoes and fruit salad | Minimum 8 per selection

## Select One Sandwich:

Meat, Egg, \& Cheese |e
Choose one protein: bacon, ham, sausage
served on a warm brioche bun

Turkey, Egg, \& Spinach | e served with havarti cheese on an english muffin*

Egg, Sundried Tomato, \& Spinach | veg, e served with provolone cheese on an english muffin*
*gluten free english muffins available upon request | 2

## Select One Burrito:

Sausage Burrito | e
flour tortilla, egg, pork sausage, cheddar and jack cheese, grape tomato, cilantro
Vegetarian Burrito | veg, e
flour tortilla, egg, onion, mushroom, black bean, cheddar and jack cheese

## FRENCH TOAST OR PANCAKE BREAKFAST | 22PP

French toast or pancakes, scrambled eggs, seasonal fruit platter, maple syrup, whipped butter

## Select One Protein:

Smoked bacon, sausage links, or honey ham

## Add-ons | 2:

Chocolate chips
Blueberries
Sliced bananas
Berry compote

sandwiches, salads, \& wraps | minimum 15 people

## BOXED LUNCHES | 18PP

all meals include: bottled water, whole fruit, cookie, condiments, and compostable utensils and packaging
Must select a minimum of 4 per sandwich, salad, or wrap:
Add fresh garden salad | 3

## SANDWICHES

gluten free bread available upon request | comes with chips

## Turkey, Bacon \& Havarti

turkey breast, bacon, havarti, lettuce, tomato, garlic aioli Cranberry Chicken Salad | df, n chicken, lettuce, tomato, cranberry, candied walnuts, mayo, dijon mustard, wheat bread Italian
ham, salami, pepperoni, provolone, arugula, red pepper aioli, hoagie roll
Chicken \& Provolone
chicken, provolone, shredded lettuce, pickled onion, tomato, chipotle mayo, hoagie roll

## Caprese | veg

mozzarella, vine ripe tomato, arugula, balsamic spread,
 focaccia bread

## Grilled Portobello | veg

portobello mushroom, mozzarella, roasted bell pepper, balsamic vinegar, caramelized onion, mayo, croissant

## WRAPS

comes with chips

## BLTA | df

candied bacon, tomato, avocado, lettuce, chipotle aioli
Fajita Wrap (Steak or Grilled Chicken) | sf
cheddar and jack cheese, spanish rice, pico de gallo, lettuce, chipotle sour cream
Chicken Caesar | e
chicken breast, romaine, croutons, parmesan cheese, flour tortilla, caesar dressing
Thai Chicken | df, n
grilled chicken breast, spicy thai peanut sauce, jasmine rice, asian slaw
Greek Pita Wrap | veg, sf
garlic hummus, cucumber, tomato, feta cheese, marinated grilled vegetables, tzatziki sauce, pita bread

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## BOXED LUNCH ENTREE SALADS \| 18PP

all meals include: bottled water, whole fruit, cookie, condiments, and compostable utensils and packaging comes with roll, must select a minimum of 4 per salad

Cabo Jerk Chicken Salad | gf, df, sf
jerk chicken breast, spring mix, lettuce, jicama, grape tomato, green onion, cilantro, raisins, mandarin orange, honey lime dressing
Kale \& Brussels Sprouts Salad | veg, gf, n
tuscan kale, shaved brussels sprouts, almonds, pomegranate seeds, feta cheese, parmesan cheese, caesar dressing
Southwest Caesar Salad | gf, e
grilled chicken, romaine lettuce, cherry tomato, corn, red bell pepper, green onion, parmesan cheese, caesar dressing
Cobb Salad | gf, sf, e
grilled chicken, bacon bits, hard boiled egg, iceberg lettuce, tomato, green onion, bleu cheese, avocado, ranch style dressing
Roasted Beet \& Goat Cheese Salad | veg, gf, sf, n
mizuna (mustard greens), red \& golden beets, walnuts, goat cheese, grape tomato, balsamic vinaigrette
Wild Field Greens | veg, gf, sf, n mixed greens, gorgonzola, candied walnuts, sundried cranberries, strawberry, raspberry vinaigrette

includes garden salad, assorted breads, chips, and accoutrements (lettuce, tomato, pepperoncini, and pickles)

## Select Four:

sliced chicken, roasted turkey, black forest ham, roast beef, salami, grilled vegetables Cheese (Select Three):
cheddar, provolone, pepperjack, swiss
Spreads (Select Three):
chipotle aioli, garlic \& herb, stone ground mustard, hummus, deli mustard, mayo

## SANDWICH/WRAP PLATTER \| 18PP

includes garden salad, assorted breads, and chips
Select up to three sandwiches or wraps from boxed lunch selections on page 3.

[^1]
## LUNCH <br> BUFFETS

select one of each: entree, side dish, side salad | rolls included | priced per person

## CHICKEN ENTREES 1 I7PP

## Lemon Chicken | sf

fire grilled chicken breast, lemon sauce
Garlic Rosemary Chicken | gf, df
chicken breast, rosemary, garlic, thyme, dijon mustard, lemon juice
Thai Yellow Chicken Curry | gf, df, sf
chicken breast, coconut milk, thai chili paste, bell pepper, onion, mushroom, baby corn, bamboo shoots, thai basil
Moroccan Chicken | gf, df
chicken breast, tandoori spices, tzatziki
Butter Chicken | gf, sf
diced chicken thigh, tomato puree, butter, heavy cream, garam masala, garlic, ginger, cilantro
Shredded Chicken Enchiladas | sf
shredded chicken, black beans, cheddar cheese, black olives, green onion, corn tortilla

## MEAT ENTREES

Fire Grilled Flank Steak | gf, sf | 18pp gorgonzola maître d'hôtel butter Grilled Filet Medallions | gf, df, sf | 21pp teres major, butter, shallot, red wine, beef base, garlic Coffee Crusted Tri Tip | gf, df, sf | 19pp coffee, brown sugar, smoked paprika, garlic powder, onion powder, cayenne
Sweet Soy Pork Chop | gf, df | 18pp
lemon grass, fish sauce, soy sauce, sugar, garlic Pork Loin | gf, sf | 19pp
apple, fennel, sambuca, shallot, lemon, cream

Grilled Fillet of Salmon | gf, sf | 21pp

lemon buerre blanc
Miso Marinated Black Cod | gf, df | 24pp
black cod, miso, smoked dashi broth, pickled ginger root, shitake mushroom, spinach
Halibut | gf, sf | 31pp
lemon, capers, cream, shallot, dijon mustard, butter

select one of each: entree, side dish, side salad | rolls included | priced per person

## VEGETARIAN + VEGAN ENTREES I 15PP

## Three Cheese Ravioli | veg, e

ricotta, parmesan, romano, egg, olive oil
Thai Yellow Curry | v, gf, df, sf
coconut milk, thai chili paste, bell pepper, onion, mushroom, baby corn, bamboo shoots, thai basil Tofu Tikka Masala | v, gf (for veg, add butter)
firm tofu, tomato puree, coconut cream, cumin, garam masala, garlic, ginger, chili powder
Shakshuka Portobello | v, gf, df, sf (for veg, add egg | 1)
crushed tomato, chili powder, cumin, garlic, onion, zucchini, eggplant, portobello mushroom
Creamy Coconut Polenta | v, gf, df, $\mathbf{n}$ (for veg, add butter and cheese)
polenta, vegetable stock, coconut milk, mushroom, white wine, shallot, garlic, coconut cream, spinach

## SIDE SALADS

## Fresh Garden Salad | veg

mixed greens, cucumber, tomato, radish, carrots, assorted dressings
Wild Greens Salad | veg, gf, sf, n
mixed greens, gorgonzola, candied walnut, sun-dried cranberry, strawberry, raspberry vinaigrette
Classic Caesar Salad | veg, e
romaine heart, house-made crouton, shaved parmesan, classic, caesar dressing
Baby Spinach Salad | veg, gf, sf, n
baby spinach, roasted beets, bleu cheese, candied walnuts, radish, cherry tomatoes, kiwi dressing Shaved Kale \& Brussels Sprouts Salad | veg, gf, n kale, shaved brussels sprouts, shaved parmesan, feta, candied pecan, poached pear, pomegranate seeds, cranberry vinaigrette
Southwest Salad | veg, gf, sf
romaine lettuce, tomato, corn, black beans, cucumber, red onion, tortilla strips, southwest dressing

## SIDES

Swiss mac \& cheese | veg, sf Jasmine rice | v, gf, df, sf Potatoes w/ herbs \& garlic butter | gf, sf German potato salad | gf, sf Pasta salad | veg, sf Roasted seasonal vegetables | gf, df, sf Garlic mashed potatoes | gf, sf Garlic naan | veg, sf

ADD-ONS
Chicken entree | 10pp
Meat entree | 12pp
Fish entree | 14pp
Vegetarian/Vegan entree | 8pp
Side or Salad | 5pp


## FAJITA BAR | 18PP

comes with tortilla chips

## Select One Protein:

Shredded chicken
Barbacoa beef
Carnitas
Ground beef
Seasoned tofu
Additional protein | 4

## Select Rice and Beans:

Cilantro lime or Spanish rice
Black or Refried beans

## Includes:

Fajita vegetables, lettuce, sour cream, jalapeños, queso fresco, onion, flour and corn tortillas, chips, and salsa roja.
Add fresh-made guacamole |2
Add Southwest Salad | 5
PASTA BAR I ISP

## Select One Pasta:

Penne
Campanile
3 cheese ravioli
Add additional pasta | 3

## Select One Sauce:

Bolognese
Classic marinara
Creamy alfredo
Pesto cream
Add additional sauce | 4

## Select One Topping:

Sliced chicken
Meatballs
Vegetables
Add additional topping | 4
Includes:
Caesar salad
Garlic bread

## ULTIMATE SALAD BAR | 18PP

Includes bread rolls \& butter, and fruit salad

## Select Two Cheeses:

Cheddar and jack blend
Feta
Parmesan
Gorgonzola

## Select Three Dressings:

Ranch
Caesar
Southwest dressing
Italian
Balsamic
Raspberry vinaigrette

## Includes:

Sliced chicken and steak, romaine lettuce, garden greens, diced tomato, black olives, cucumber, hard-boiled eggs, black beans, croutons
substitute protein for salmon | 5


## BAKED POTATO BAR \| 19PP

Includes fresh garden salad with assorted dressings

## Select One Chili:

Hearty beef
Vegetarian chili

## Select One Bread:

Garlic bread
Honey glazed rolls
Cornbread | 2
Includes:
Baked potato, bacon bits, sour cream, whipped butter, cheddar and jack cheese, green onion


## RICE BAR I I9PP

## Select One Rice:

Jasmine rice
Rice noodles

## Select One Protein:

Teriyaki chicken
Spicy tofu
Beef bulgogi
Add additional protein | 4

## Includes:

Soy sauce, teriyaki sauce, sweet chili sauce, pickled daikon radish, pickled ginger, kimchi, green onion, cilantro
Asian chopped salad | romaine, carrot, red cabbage, edamame, green onion, jicama, sweet soy vinaigrette \| gf, df, v

## CREATE YOUR OWN BBO STATION I 28PP

minimum 20 people

## Select Two Proteins:

Smoked dry rub brisket w/ mop sauce | gf, df
Smoked St. Louis ribs w/ brown sugar BBQ sauce | gf, df
Smoked pulled pork shoulder | gf, df
Smoked brown sugar bourbon chicken wings | gf, df
Hot links | df
Dry rubbed turkey breast \| gf, df

Select Three Sides:
Swiss mac n' cheese | veg, sf
Bacon baked beans | gf, df
Smoked corn elote \| gf
Potato salad | gf, df, e
Tequila lime slaw | gf, df
Ham hock collard greens | gf, df
Fresh garden salad | v, gf, df
Cornbread \| veg, e


## MAC \& CHEESE BAR I 2OPP

includes garlic bread and garden salad with assorted dressings

## Select One Pasta:

Macaroni
Campanelle

## Choose One Sauce:

Three cheese white sauce
Smoked cheddar sauce

## Choose One Protein:

Pulled pork BBQ
Sliced chicken thigh
Andouille sausage
Add additional protein | 4

## Choose Six Toppings (provided as accoutrements):

Gorgonzola crumbles
Parmesan cheese
Capers
Sun-dried tomatoes
Fried onion strings
Sauteed mushrooms
Bacon bits
Green onion
Roasted red pepper
Pickled jalapeño
Roasted broccoli
Caramelized onion
Crushed Flamin' Hot Cheetos
Buffalo sauce
Teriyaki sauce
BBQ sauce
Pesto
Add additional topping | 1.50

## BUTTER BOARDS I 5PP

minimum of 25 people
Bacon Butter Board | sf, n
bacon, maple butter, berry jam, nuts, dried fruit, thyme, rosemary, maldon salt, artisan bread
Roasted Garlic \& Chili Board | veg, sf, n
roasted garlic, spicy chili oil, lemon zest, nuts, parsley, maldon salt, honey, artisan bread
Sweet Berry Board | veg, sf, n
berries, berry jam, honey butter, nuts, mint, maldon salt, artisan bread

## BACON BOARD \| 8PP

minimum of 25 people

## Select Three:

Maple-chipotle
Brown sugar bourbon
Coffee \& cocoa
Balsamic brown sugar
Roasted garlic

## Includes:

Waffles, deviled eggs, boursin cheese, gherkins, butter jam, fresh berries

## CHARCUTERIE BOARD \| IOPP

minimum of 25 people
Variety of cured meats, cheeses, dried fruit, nuts, fig jam, honey, and crackers

## MEZE PLATTER \| 9PP

minimum of 10 people
Variety of grilled vegetables, olives, cherry peppers, marinated mozzarella balls, hummus, pita bread, tzatziki, sun-dried tomatoes

## SEASONAL FRUIT BOARD \| 5PP

minimum of 10 people
fresh seasonal fruit and berries

## MARKET FRESH CRUDITÉ BOARD \| 7PP

minimum of 10 people
fresh seasonal vegetables, herb ranch dip, edemame dip

## CHIPS, SALSA, AND GUACAMOLE \| 7PP

 minimum of 10 peoplefresh-made salsa, fresh-made guacamole, tortilla chips

[^2]
## DESSERTS \& BEVERAGES

## ASSORTED DESSERT BARS I 3PP

Peanut butter chocolate Strawberry lemon
Raspberry
Lemon oatmeal
Mocha
White chocolate macadamia nut

## ASSORTED COOKIES I 3PP

White chocolate macadamia nut
 Chocolate white chunk
Triple chocolate
Chocolate chip
Lemon cooler

## TRIPLE CHOCOLATE BROWNIES I 3PP

## COFFEE SERVICE I CAFFÉ VITA

Brewed Caffé Vita coffee, cups, creamer, assorted sweeteners, stir sticks

## 192 oz | 24 -30 cups | 77

128 oz | 16-21 cups | 55
TEA SERVICE
Assorted teas, cups, creamer, assorted sweeteners, stir sticks
96 oz | 12-16 cups | 29
BEVERAGES BY THE GALLON
serves 16 | $80 z$ cups
Sparkling lemonade | 28
Sparkling strawberry lemonade | 33
Mango punch | 33
Freshly brewed iced tea | 33

## INDIVIDUAL BEVERAGES

## Pellegrino sparkling water | 3

Bottled water | 2
Bottled juices | 3
Assorted soda | 3


[^0]:    $V=V E G A N\|V E G=V E G E T A R I A N\| G F=G L U T E N F R E E \| D F=$ DAIRY FREE \| $\|=$ CONTAINS NUTS \| SF = SOY FREE

[^1]:    $V=V E G A N\|V E G=V E G E T A R I A N\| G F=G L U T E N$ FREE \| DF = DAIRY FREE \| $\|=$ CONTAINS NUTS \| SF = SOY FREE $\| E=C O N T A I N S$ EGGS

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